



Cranmere Primary School

ANTI-BULLYING POLICY

reviewed Autumn 2015

Governors' committee: Learning and Achievement

Part i) Advice for children

Bullying is never right.

If you are being bullied - tell someone.

We are here to help you.

What is bullying?

A bully is a person who makes life hard for others by deliberately picking on them. This happens not once or twice but many times.

It can be hitting, kicking, hair pulling and other things that hurt the body.

It can be spreading rumours, leaving people out on purpose, name calling or threatening looks that hurt you inside and make you afraid.

Sometimes people can bully you when you are online, using your phone or in a chat room.

Bullying is nasty.

At Cranmere we want to make sure that everyone is happy and safe.

CRANMERE WILL BE A HAPPY PLACE FOR US ALL IF:

- we remember our 6Rs, particularly respect for others and to be reflective about other people's feelings
- we are kind
- we help each other
- we look after one another
- we invite children to play with us
- we ask for help immediately when we see someone in trouble

What can you do to help prevent bullying in our school?

If you are ever bullied or threatened, tell the member of staff who is responsible for you at the time.

It is important that you do this straight away.

If you cannot do this, for any reason, tell another member of staff, a friend, your class Playground Friend or your parents as soon as possible.

Be honest and ask yourself if your own behaviour has caused others to get angry or upset with you.

You can help to make and keep our school a happy safe place if you :

- always report any bullying - of yourself or others
- never join in with the bullying
- make sure you and your friends never go into areas of the school where you should not be. Stay in the areas which are supervised by staff

Cyber-bullying

This can happen when you are online and other people send you messages that make you feel unhappy or uncomfortable. This is something that might happen at home rather than at school, but it is VERY important that you tell someone in your family straight away. If the person who is sending you bullying messages is from Cranmere, we will always deal with it and take it very seriously.

Remember never to give out personal details about yourself to someone you do not know when you are online. They may not be kind and safe people.

If you are found to have bullied someone..

1. Those at home will be informed as soon as possible and a report will be sent to them.
2. A copy of this report will go into your school file.

3. You will be required to make a full and proper apology to the person you have bullied.
4. Your parent or carer will be asked to come to school to discuss your behaviour.
5. You may be required to explain your behaviour to the parents of the person you have bullied.
6. If necessary, you will be excluded from the school until you can agree to behave in a safer, more pleasant way. This is very serious.

Part ii) Advice for Parents

1. Contact the child's teacher immediately if you are aware or suspect bullying is taking place
2. Ask yourself - is this really bullying or a one off incident?
3. Encourage children NOT to be aggressive with other people and not to fight back.
4. Encourage children to talk to members of staff about problems they are having.
5. Support the school if further action needs to be taken.

The school promises to:

- investigate fully all allegations of bullying.
- take positive action to prevent bullying from occurring, through a clear school emphasis on respect, kind and considerate behaviour, reinforced in assemblies, circle time and in lesson time.
- make pupils and parents aware of the school's expectations and to foster a productive partnership which helps maintain a bully-free environment
- celebrate everyone's individuality
- strive to ensure a bully free environment

If bullying has been occurring then sanctions will be applied to the bully and support will be offered to the victim.

Sanctions

- Verbal and written apology to victim
- Report to Headteacher
- Both sets of parents notified
- Loss of privileges as appropriate, e.g. playtime, Golden Time, clubs, school trips

If bullying re-occurs:

- "On Report" to Headteacher
- Involvement of parents
- Behaviour contract
- Counselling for victim and bully

If no improvement:

- Exclusion at lunchtimes/playtimes
- Ultimate sanction - exclusion for a fixed period

Victim:

- Put on childwatch - all staff
- Support given by buddy/friendship group
- Child identified on TLC board in staff room and in midday supervisors' file.

Bullying out of school

Be aware that bullying can happen on the way to and from school as well as in the home, in the form of cyber-bullying. At Cranmere we feel it is still our responsibility to deal with such incidents. Allegations will be taken seriously.

Cyber bullying

We recognise that bullying via media such as mobile phones or the internet is a growing problem and are committed to tackling it.

Procedures in school are designed to reduce the opportunity for cyber bullying - no child is allowed to keep a phone with them in school. Any child who needs to bring a phone is required to hand it over to the school office until home time.

Children are not permitted to use the ICT in school unsupervised and access to social networking sites has been blocked.

If instances of cyber bullying are reported to us, the school will investigate and deal with it according to our Anti-Bullying Policy.

Cranmere Primary School Checklist

IS YOUR CHILD BEING BULLIED?

A child may indicate that he or she is being bullied through their behaviour. Adults should be aware of these possible signs and that they should investigate if a child :-

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school
- begins to play truant
- becomes withdrawn, anxious or lacking in confidence
- starts stammering
- attempts or threatens to harm his/herself or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- school work starts to suffer
- arrives home with clothes torn or books damaged
- has possessions go "missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- arrives home starving (lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what is wrong
- gives improbable excuses for any of the above

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.