



Cranmere Primary School

Relationship and Sex Education (RSE) Policy

Published: Summer 2019

Review Date: Summer 2020

Committee Responsible: Learning & Achievement

Purpose of the Policy:

This policy covers our school's approach to teaching Relationships and Sex education. It has been produced in consultation with staff and governors and with reference to the Secretary of State for Education's guidance on sex and relationships education (2000) and guidance from the PSHE Association (2013). This policy will be made available to parents through the school website and in paper copy on request from the school office.

Aims and Objectives:

Relationship and Sex Education at Cranmere Primary School aims to provide children with age appropriate information, explore attitudes and develop skills in order to help them make positive decisions. The teaching of RSE and this policy have the following aims:

- To enable our pupils to make informed and responsible decisions about their lives;
- To raise pupils' self esteem and confidence, especially in their relationships with others;
- To complement and support the work of parents and carers;
- To enable our pupils to maintain their physical, mental and emotional health and prepare them for the physical changes of puberty;
- To give pupils an age-appropriate understanding of the human body and human reproduction;
- To enable pupils to develop and maintain healthy and positive relationships
- To equip children with life skills appropriate for 21st century Britain.

How will we achieve these aims and objectives:

Relationship and Sex Education is firmly embedded in the school's Science and PSHCE curriculum. The learning outcomes for each year group are taken from OFSTED Sex and Relationships, OfSTED (2000) and guide the teaching of RSE in this school, alongside the PSHE Association Curriculum (Guidance 2016). Through our progressive Science curriculum from Year R to Year 6, pupils learn the names and then functions of parts of the body; that animals including humans reproduce and the process of change as we grow from babies to adults, including the changes of puberty. RSE is embedded throughout the three themes of our Lifeskills (PSHCE) curriculum: Health and Wellbeing, Relationships and Living in the Wider World. Pupils will be taught how to maintain good physical, mental and emotional health, develop and maintain healthy relationships including how to recognise risky or negative relationships, and recognising and respecting differences in beliefs, family structure and communities.

What values will we promote?

Our approach to Relationship and Sex Education is built on the foundation of the school's values and we will encourage pupils to apply the 6Rs to their learning. We will promote the importance of stability and commitment in all relationships including sexual relationships. We will discuss the significance of marriage and partnership (including same sex marriage) with pupils as well as acknowledging that families can be made up in many different ways and the term "family" can mean different things to different people.

Who will teach the programme?

The RSE programme will be monitored by the PSHCE coordinator. It will be delivered by the class teacher or another member of school staff (such as HLTA or Deputy Head Teacher). Where appropriate, we may involve other visitors and professionals in the delivery of RSE such as the NSPCC and the School Nurse. When this happens, all visitors will be given a copy of this policy and will be expected to work within the values framework described within. The PSHE coordinator will ensure that the visitors' contributions to lessons are in line with the learning outcomes of the school's RSE programme and a teacher will be present during the lesson. Parents will be informed when the school nurse is visiting.

How will this programme be taught?

RSE will be taught within the Lifeskills (PSHCE) programme at Key Stages 1 and 2, with the main focus being during Summer Term. We encourage cross curricular links at Cranmere so although some RSE objectives will be taught during discrete Lifeskills (PSHCE) lessons, biological aspects of RSE are also taught within the science curriculum, English texts may be used to develop discussion on a particular objective and some moral aspects are taught within RE. A range of teaching methods, which involve pupils' full participation, are used to teach RSE. These include use of small group work, discussion, case studies, drama and roleplay. Ground rules and distancing techniques are used to establish a safe environment to facilitate discussion and pupils are encouraged to reflect on their learning. RSE is usually delivered in mixed gender groups. However, there may be occasions, in Upper KS2, when single gender groups are more appropriate and relevant.

How will we ensure that all learners are included and differentiate provision?

We have a responsibility to ensure that all of our learners have equal access to our RSE programme. We will identify pupils' different starting points by using a range of techniques such as class and group discussion, drawing and writing activities, or asking pupils to come up with their own questions. This consultation and involvement of pupils will be conducted in an age-appropriate way, recognizing and respecting differences in maturity, personal circumstances, gender, faith or culture. Where appropriate, we will arrange for boys to work separately from girls and with a staff member of the same sex in order to reduce potential embarrassment.

Assessment

Children's progress and attainment will be monitored through informal testing in Science units. Achievement in other aspects of RSE will be monitored through other methods such as observation in class, class discussions, drawing and writing activities.

How will parents and carers be involved?

Parents and carers are invited to review the Science and Lifeskills (PSHCE) curriculum through the school website and bring any comments or concerns to the attention of the Head Teacher or Assistant Head Teacher. Where a specific or more sensitive area of the RSE curriculum is to be covered (such as human reproduction or puberty), or the School Nurse is visiting, parents will be notified by the school by letter of the proposed dates of these lessons and the areas to be covered. The resources that will be used during these lessons will be made available to parents to review before the lesson is delivered to the children.

RSE is currently not a statutory part of the curriculum and parents have the right to withdraw their child from any and every aspect of Relationships and Sex education that is not taught as part of the statutory curriculum. We will communicate this right to withdraw your child by letter when this is appropriate. We encourage you to make an appointment to discuss this with the Head or Assistant Head teacher before withdrawing your child.

Responsibilities under the Equality Act 2010

The governing body of the school has a responsibility under the Equality Act to ensure that our school strives to do the best for all pupils, irrespective of disability, educational needs, race, nationality, ethnic and national origin, sex, gender identity, religion or sexual orientation.

As a school, we respect that our pupils may choose how they identify themselves and understand that, appropriate to their age and maturity, their gender identity or sexual orientation may be emerging. We acknowledge the importance of presenting an unprejudiced view of adult relationships including same sex relationships. We believe it is crucial that our teaching prepares children for their life in the wider world, and we aim to support them to realise the nature and consequences of discrimination and bullying, as well as the use of prejudice-based language. We also aim to teach pupils how to respond to such discrimination and how to ask for help.

This policy complements/supports the following policies:

- PSHCE Policy
- Anti-bullying Policy
- Teaching and Learning Policy
- Learning about Relationships and Sex in PSHCE also links to/complements learning in Science (Animals including Humans), Computing (E-safety) and RE (Marriage).